

Case: Monitoring the effectiveness of a change of medication for Parkinson's disease



Jack – Once bedridden, now moves about on his own

A change in the medication for Parkinson's disease

Situation

Jack, an 81-year-old man, suffers from Parkinson's disease. Jack lives in a sheltered housing unit. He needs a lot of help to get around and to get things done.

Solution

Jack's functional capacity was assessed on the basis of the wellbeing data produced by Vivago. The data in the wellbeing report was also used for monitoring the effectiveness of a change in Jack's medication.

Summary

Wellbeing data was utilised as Jack's medication was adjusted. After the change in medication, Jack was better able to get around and his daytime sleep periods decreased. Jack's functional capacity has improved significantly and he is able to get out using his walker.

Vivago



Jack – Once bedridden, now moves about on his own





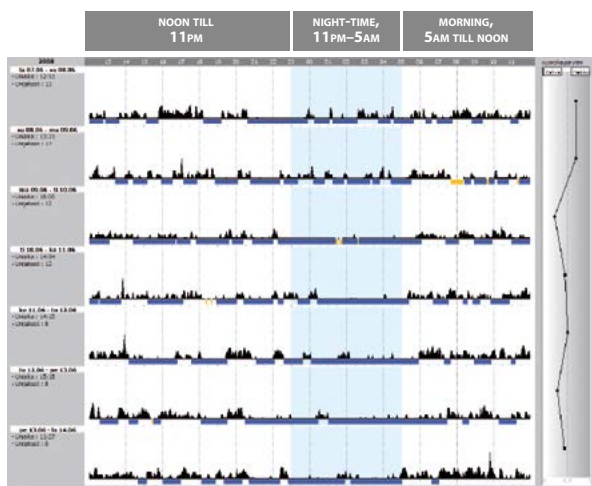
Case Jack

Jack, an 81-year-old man, suffers from Parkinson's disease. Jack now lives in a sheltered housing apartment and his functional capacity is being monitored through the Vivago system. As he moved in, his medication was put under review. Stiffness clearly limited Jack's daily activities and he needed a lot of assistance in getting around and in his daily chores. In their medication assessment, Jack's nurse and neurologist utilised the data in the wellbeing report.

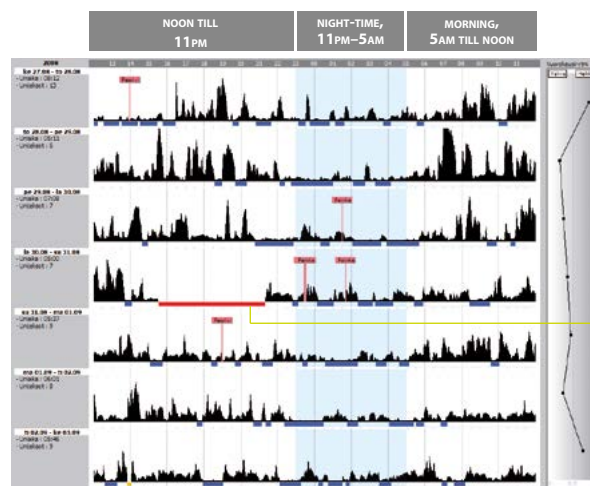
The doctor adjusted Jack's medication and now Jack's mobility has improved and he sleeps less in daytime. Jack is now able to move about on his own and needs less care. Jack's daytime activity has increased and he is able to go out using his walker. Jack's quality of life and functional capacity have improved significantly.

Jack's activity chart

sleep		High black bars: good daytime activity – a lot of activity interspersed with moments of rest
watch not worn		Low black bars: poor daytime activity – low level of activity and a lot of rest
no activity data		



Situation
Jack's circadian rhythm has deteriorated and he sleeps a lot during daytime.



Situation
Jack's activity has increased and he sleeps less in daytime. Jack is able to go out using his walker (red line).



Vivago Oy
Lars Sonckin kaari 14, 02600 Espoo, Finland
Tel. +358 10 2190 610 | info@vivago.com | www.vivago.com